

Registration Deadline: Thursday, October 8, 2020

To register please click the link you received in your email.

Registration Fee: **FREE**

Workshop Location:

WEBINAR

Friday, October 16,
2020



Questions?
ofcmgr.abhs@gmail.com



OCD Basics and Beyond

Effective Treatment of Obsessive Compulsive Disorder

Friday, October 16, 2020

Increase your ability to diagnose and treat OCD.

Increase your skills using Cognitive Behavior Therapy,
particularly Exposure and Response Prevention.

Deepen your knowledge regarding the medication and
medical procedures for treating OCD.



OCD Basics and Beyond

Effective Treatment of Obsessive Compulsive Disorder

OCD Midwest, an affiliate of the International Obsessive Compulsive Disorder Foundation, is excited to present this unique training opportunity for clinicians seeking to acquire the knowledge and skills necessary to understand and treat individuals suffering with OCD.

The workshop will feature a presentation covering the fundamentals of diagnosing and treating individuals with obsessive compulsive disorder, including making an appropriate diagnosis, reviewing common co-morbidities, and understanding the biological and psychological models of OCD. Attendees will develop skills on presenting effective psycho-educational information, creating practical fear hierarchies, and implementing ritual weakening and exposure techniques for a variety of types of OCD (e.g., contamination obsessions, safety / loss obsessions, harm and sexual obsessions).

The workshop will also provide an overview of the pharmacological and surgical treatments available for OCD.

Schedule:

- 8:25 – 8:35 Enter Zoom Meeting
- 8:35 – 8:45 Brief Welcoming Remarks
- 8:45 – 10:00 OCD Basics and Beyond I: Overview & Treatment
- 10:00 – 10:05 Short Break
- 10:05 – 10:50 OCD Basics and Beyond II: Assessment & Hierarchies
- 10:50 – 11:50 OCD Basics and Beyond III: Treatment of Contamination and Harm OCD
- 11:50 – 12:00 Short Break (Grab lunch!)
- 12:00 – 1:15 Case Vignettes
- 1:15 – 1:20 Short Break
- 1:20 – 2:05 Medical Interventions for OCD
- 2:05 – 2:15 Panel Q & A / Wrap Up
- 2:15 – 2:45 Presenters remain for further questions with participants who wish to stay

5.0 CEU credits have been approved through the Ohio Psychological Association and NASW Ohio.

Presenters:

Charles Brady, PhD, ABPP

Dr. Brady formerly directed the Lindner Center of HOPE's OCD and Anxiety treatment program and was Vice-President of OCD Midwest prior to recently relocating to Washington State and founding a new practice. He is board certified in clinical psychology by the American Board of Professional Psychology. He has served as faculty for the IOCDF's Behavioral Therapy Training Institute program, has made numerous presentations at national conferences and in the media, and has published scholarly articles about the diagnosis and treatment of OCD.

Lawrence Needleman, PhD, ABPP

Dr. Needleman directed the CBT Training for the Ohio State University Psychiatry Residency Program for 12 years, where he is an associate professor. For 25+ years, he has assessed and treated OCD and anxiety disorders and chose to make these his areas of focus and expertise. He authored Cognitive Case Conceptualization: A Guidebook for Practitioners, was elected to the Academy of Cognitive Therapy as a Founding Fellow & Diplomate, and achieved Diplomate status in Cognitive and Behavioral Psychology. He currently serves on the Board of Directors for OCD Midwest.

Gabrielle Faggella MSSA, LISW-S

Ms. Faggella is the current Vice-President of OCD Midwest. She is a clinical social worker in private practice specializing exclusively in the treatment of Anxiety and OCD and Related Disorders, including Body Focused Repetitive Behaviors and Hoarding Disorder. She has advanced training in cognitive and dialectical behavior therapies and completed the IOCDF Behavior Therapy Training Institute and the Professional Training Institute of the TLC Foundation for BFRB's. In addition to clinical practice, she teaches in the MSW program at the University of Akron and serves on the Steering, Mental Health, and Education committees of the Summit County ADM Hoarding Task Force, and the Executive Committee of her local NASW chapter.

Beth McCreary, PhD., ABPP

Dr. McCreary is a board certified psychologist in Behavioral and Cognitive Psychology and a local specialist in providing treatment to individuals with OCD and anxiety conditions. She has provided training to psychology students and fellows in this specialty, is a co-founder of Columbus' Anxiety and Behavioral Health Services, and regularly facilitates a public educational and support group for OCD sufferers in the central Ohio community. She currently serves on the Board of Directors for OCD Midwest.

Angela Couch, RN, MSN, PMHNP-BC

Ms. Couch is an integral part of the Lindner Center of HOPE's OCD team and has made presentations to numerous lay and professional audiences regarding the pharmacological treatment of OCD. She has completed the IOCDF Behavior Therapy Training Institute.