ABHS OFFICE POLICY PERTAINING TO PREVENTING THE SPREAD OF NOVEL CORONAVIRUS

(Modified June 1, 2021. Posted on our website at www.abhs.com)

- 1. ABHS clinicians are currently conducting both telehealth and in-person sessions depending upon the preferences and needs of the specific clinician and client. All ABHS clinicians and staff persons have been fully vaccinated against Covid 19.
- 2. If you attend in-person sessions with your therapist, you will be required to either a) wear a mask covering your face and nose throughout the entire session or b) present proof of vaccination (i.e., your vaccination card) to your therapist and take the mask off in the therapy room.
- 3. Upon arrival at the building, you have the choice to:
 - a. enter the waiting room in Suite 214 and remain seated there, <u>wearing a mask</u>, until your therapist takes you to the therapy room,
 - b. remain in your car and text or call your therapist when you arrive so that s/he can let you know when s/he is ready and meet you at the door to the suite, or
 - c. make some other, individual arrangement with your therapist (e.g. waiting in the main lobby).
- 4. Any clinicians or staff of ABHS with symptoms of cough, fever, or shortness of breath must remain out of the ABHS office until testing for Coronavirus has been completed and is negative. If a clinician is diagnosed with COVID19, that clinician must remain out of the office until s/he obtains medical clearance to end quarantine.
- 5. Clients (and those accompanying clients) may NOT come into the office with any symptoms of cough, fever, or shortness of breath, until testing for Coronavirus has been completed and is negative. ABHS will waive our late-cancelation fee if a client reports having these symptoms. (A mask is no substitute for this rule.)
- Hand sanitizer will be provided for client use. Please wash your hands with soap after using restrooms or public transportation and after being in public gathering places or institutional settings.
- 7. **Video/Phone sessions:** For self-pay clients, phone or video sessions will be held at the standard in-person rates. For those using insurance to cover sessions, sessions will be billed to your insurance company. Companies with which we hold "in-network" contracts are currently still covering telehealth sessions. If this changes, we will do our best to notify you as quickly as possible. We cannot guarantee that out-of-network insurance will reimburse you for telehealth sessions.